

# Friendship Bracelets – Inverse Chevron Pattern

## What you need:

- Embroidery floss in your choice of three colors
- Tape, safety pin and pillow, or a clipboard
- Scissors
- Measuring Tape

## Step 1

Cut strands to 60 to 75 inches. This will produce approximately a 6 inch (including loop and knot) bracelet.

## Step 2

Fold strands in half and make a loop and knot at the top. Pin the knot to your pillow or tape it to your workstation.

## Step 3

Arrange colors: 3 2 1 1 2 3. The inner strands will be used first



## Step 4

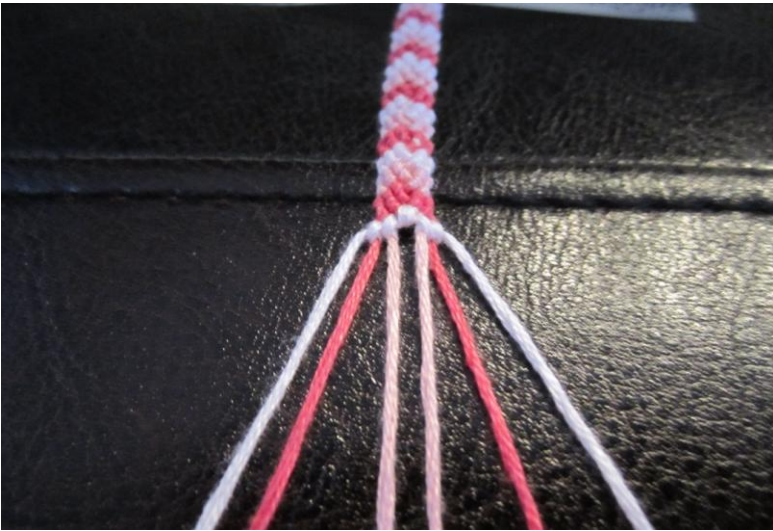
Starting in the center and join the white strands together with a forward knot.

## Step 5

Make a forward knot with the light pink and then the dark pink

## Step 6

Make two backward knots with the white strand that is still in the center. The color arrangement should now be: 132 231.



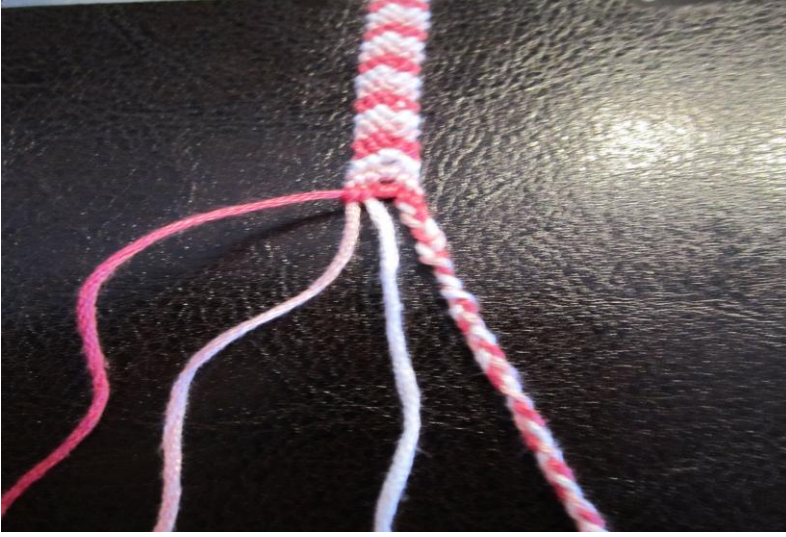
## Step 7

Continue steps 4 – 6 until you reach the desired length.



## Step 8.

Divide the strands into two sections, and braid each group.



## Step 9

Finished Product

